

Sample Month

Any changes regarding Activity programs will be posted 2009 3rd FLOOR SKILLED

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1 10:00 Coffee Time 11:00 Healthy Heart 1:30-3:00 Ice Cream Social/ Music Program
2 10:00 Communion 10:00 Coffee Time 10:30 Church Services 11:00 Music 1:30 Kickball 2:30 I Love America Jingo	3 10:00 Coffee Time 10:30 Healthy Heart 11:00 1 on 1 Activity 1:30 Fire & Ice w/ Charlene Marie	4 10:00 Communion 10:00 Coffee Time 10:30-11:30 Movie 1:30 Hot Potato 2:30 Bingo	5 10:00 Coffee Time 11:00 Healthy Heart 1:30-3:00 Movie 2:00 Snack Time	6 10:00 Coffee Time 10:30-11:30 Movie 1:00 Catholic Mass 1:30 Popcorn Toss 2:30 Frisbee	7 10:00 Communion 10:00 Coffee Time 1:30 Forever Fit 11:00 Animal Humor 1:30 Music /2:30 Nature Walk	8 10:00 Coffee Time 11:00 Sittercize 1:30 –3:00 Root Beer Float & Music Program
9 10:00 Communion 10:00 Coffee time 10:30 Church Services 11:00 Exercise 1:30 Music 2:00 Snack Time/2:30 Movie	10 10:00 Coffee Time 10:30 Staying Fit 11:00 1 on 1 Activity 1:30 Five Senses Lotto 2:00 Snack Time 2:30 Birthday Jingo	11 10:00 Communion 10:00 Coffee Time 10:30-11:30 Movie 1:30 Bowling 2:00 Snack Time 2:30 Bingo	12 10:00 Coffee Time 10:30 Move & Stretch 11:30 Cook-out 1:30-2:30 Movie 2:00 Snack Time	13 10:00 Coffee Time 10:30-11:30 Movie 1:30 Hoola Hoop Toss 2:00 Snack Time 2:30 Noodle Balloon	14 10:00 Coffee Time 10:30 Exercise 11:00 Word Games 1:30 Summer Ride	15 Car Show 10-3 10:00 Coffee Time 11:00 Move & Shake 1:30-3:00 Ice Cream Social/ Music Enjoyment
16 10:00 Communion 10:00 Coffee time 10:30 Church Services 11:00 Music 1:30 Horseshoes 2:30 Basketball	17 10:00 Coffee Time 10:30 Move & Stretch 11:00 1 on 1 Activity 1:30 Uno 2:00 Snack Time 2:30 Golf	18 10:00 Communion 10:00 Coffee Time 10:30-11:30 Movie 2:00 Making Blueberry Delights 2:30 Enjoying Blueberry Delights	19 10:00 Coffee Time 11:00 Exercise 1:30-3:00 Movie 2:00 Snack Time	20 10:00 Coffee Time 10:30-11:30 Movie 2:00 Birthday Party	21 10:00 Coffee Time 10:30 Sittercize 11:00 Tic Tac Toe 2:00 Providence Civic Orchestra	22 10:00 Coffee Time 11:00 Fit N' Trim 1:30-3:00 Root Beer Float & Music Program
23 10:00 Communion 10:00 Coffee Time 10:30 Church Services 11:00 Exercise 1:30 Music 2:00 Snack Time/2:30 Movie	24 10:00 Coffee Time 10:30 Fit N' Trim 11:00 1 on 1 Activity 1:30 What's That Sound 2:30 Hand Massages	25 10:00 Communion 10:00 Coffee time 10:30-11:30 Movie 1:30 Opposites 2:30 Bingo	26 10:00 Coffee Time 10:30 Staying in Shape 11:00 Trivia 1:30 Music Entertainment w/ Eunice & Paul	27 10:00 Coffee Time 10:30-11:30 Movie 1:30 Making Ice Cream Sandwichs 2:30 Clothes Pin Drop	28 10:00 Coffee Time 10:30 Fit N' Trim 11:00 Water Painting 1:30 Sing Along 2:30 Nature Walk	29 10:00 Coffee Time 11:00 Healthy Heart 1:30-3:00 Ice Cream Social/ Music Program
30 10:00 Communion 10:00 Coffee Time 10:30 Church Services 11:00 Music/1:30 Trivia Twister 2:00 Snack Time 2:30 Football Toss	31 10:00 Coffee Time 10:30 Forever Fit 11:00 1 on 1 Activity 11:30 Sing Along 2:00 Snack Time 2:30 Hand Massages					